



**WAZE TO
ADULTHOOD**

Planning for YOUR Future

Pre-Employment Transition Services (Pre-ETS)

Pre-Employment Transition Services or Pre-ETS, are free services to students with disabilities ages 14 to 22 that are provided by the Georgia Vocational Rehabilitation Agency (GVRA). With Pre-ETS, you can learn more about choices and options for your future. You must be a student (in high school or college) to participate in Pre-ETS. Also, Pre-ETS is FREE to you!

Who can ask for Pre-ETS?

- ✓ You (the student)
- ✓ Your Parent/Guardian
- ✓ Your School
- ✓ Others who support you



Where can I find Pre-ETS?

To get Pre-ETS services, you can do one of the following:

- ✓ Contact your local GVRA office
 - To find an office, use this link: gvs.georgia.gov/find-location
- ✓ Complete an online referral
 - To start a referral, use this link: referral.gvs.ga.gov/
- ✓ Call GVRA at:
 - 844-FOR-GVRA (844-367-4872)



5 Areas of Pre-ETS

- ✓ **Job Exploration Counseling** – You can explore careers you might be interested in and make you excited about working after high school.
Example: exploring O*NET OnLine (www.onetonline.org), talking about jobs in your area, going to a career fair
- ✓ **Work-Based Learning Experience** – You can learn more about a job, what skills are needed at a job, and how it can lead to a career in an actual workplace setting.
Examples: internships, volunteering, workplace tours, job shadowing
- ✓ **Counseling on Educational and Training Options** – You can learn about college, training programs, and other choices you have that can help you get a job after high school.
Examples: touring colleges, researching colleges, looking at college application
- ✓ **Workplace Readiness Training** – You can learn skills that can help you prepare for a job in the community along with other skills that can help at home.
Examples: financial literacy, workplace hygiene, health and safety at work, being on time for work
- ✓ **Self-Advocacy Training** – It is very important to let others know what your wants and needs are. Having great self-advocacy skills can help when you have a job or need supports at home or in the community.
Examples: how to request time off for vacation or medical appointments, telling others your strengths



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